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ADVANCED CONSCIOUSNESS STUDIES

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Article: "High Consciousness Challenge and Transition Identity"

Meditation Source: Oron, Extraterrestrial/Extradimensional Teacher/Guide; communication began in late 1970's. Verbal. recorded Oran communication began in 2019.

Date of Transcript: December 19, 2019 for Class of December 20th – to study before deep sound meditation. Unedited transcript of unusual higher dimensional audio communication.

Audio: Deep meditation/partial sleep state, 11 minutes. 50 seconds.

http://www.grandmotherfromanotherplanet.com/wp-content/uploads/2019/12/ORON-ON-TRANSITION-IDENTITY-12-19-19-11m50s-191219 1243.mp3

SHR: Oron, 12-19-19.

ORON:

High consciousness transformation comes with high consciousness challenge, beyond usual boundaries. Do you see value in high consciousness challenge?

- When states of bliss and joy come, revel in these wonderful healing states. If one comes to you, begin to think that you are being healed at the highest dimensional level and be grateful, be celebratory. (Have been able to experience long periods of extended "extreme high bliss" since Nov. 21, 2019, 9:30 am. As this is at a much higher level than experienced before and for longer periods, and with altered physical state, how to interpret and handle this capability has led to many new questions. -- SHR)
- Every stage of consciousness and body-mind state has great value for learning. Appreciate each as an aspect of your growth.
- In all its forms, consciousness is an educator, a teacher, an ally.
- In learning, in higher dimensional creation, <u>higher consciousness enables higher multidimensional levels of creativity and creating new worlds</u>.
- Begin to focus now on <u>ideal worlds</u> and see what happens in your visioning and wave-form vibrations.

Each step of understanding and acceptance and affirmation of the self and others -- is a great step in soul growth. In the case of illness, which is more debilitating than usual, <u>greater challenge evokes</u> <u>higher aspects of interconnection and contact with "higher self" and guides to learn a new lesson as a new being.</u>

Transformation takes many forms.

There are two key aspects:

- First, there is the state of transformation, which is without anchor. It is without boundaries. And so, you feel a bit untethered.
- And the second aspect: There is beginning in your consciousness, your heart, your existence, a new state of being and identity already forming and greater love of the self is required meaning greater meditation and love for yourself and appreciation for all that you are doing to transform and to love and help others. That is required.

It is part of "<u>Transitional Identity</u>." And it is a bit of a rough road for a while, because the identity will not be "in cement." It will be going through "stages." But "going through stages" is also a cosmic identity:

- Being completely <u>comfortable</u> with changing identity, goals, purpose and particularly <u>understanding.</u>
- When you see, when you understand something that you did not understand before and could not see, or that you do not sense that others are seeing or understanding – this is a good description of a state of "transforming being."

It is not transformed; it is not untransformed. It is <u>in a process of change and learning</u>. <u>And this, in itself, is a form of higher consciousness</u>:

- To be comfortable with this state:
- To increase understanding;
- To increase appreciation that you have the opportunity to go through this state and this kind of identity transformation.

Highest consciousness is highest love.

So, to handle this:

- Devote a great deal of time to meditation on love and forgiveness at the highest levels you have ever tried to accomplish, to focus on love of others and love of the self, forgiveness of others and forgiveness of the self -- with a great deal of light and love, being willing to look at every aspect that must be transformed.
- Be open to this. Be excited by this opportunity.
- And in your affirmation and love expressed to others, <u>you will be more interconnected with their higher selves</u>, and then with your own higher self, with your own guides.
- And this is the higher level of healing which you are requesting. Sometimes "tests" and "exams" and periods of "transition" are the healing.

It is loving to have a universe in which you can experience "tests" -- and learn and grow in loving ways so that you can be of help to others and interconnected with others. It is the recognition of this gift which is transforming.

You are eternally loved. You are universally loved.

You are eternally loved. You are universally loved.

You are an eternal being. You are a universal being...

-- Oron

SHR: I am noticing that these incidences of "high bliss" altered states, without any initiation other than meditation on love of all beings or deep sound – are often accompanied by "high synchronicity events" in regular "3D" reality. Keeping a journal of these events, noting dates and patterns, is particularly useful as sometimes predictive intuition or insight can be revealed.